



Things to Talk About and Reflect Upon

“Walking Worthy in Unity”

Points from Sunday’s Message

1. Your calling bridges two worlds. Divine perfection with Jesus in Heaven, the opposite on Earth.
2. When earthly categories matter more than our unity with believers, we let the world squeeze heaven out of our hearts.
3. The goal is maturity, the path is unity, and the standard is Jesus
4. When we walk like the world we are walking in opposition to Christ.
5. The goal is maturity, the path is unity, and the standard is Jesus

Key Verse:

“I, therefore, the prisoner of the Lord, beseech you to walk worthy of the calling with which you were called.”

— *Ephesians 4:1*

Discussion Questions:

1. What does it mean to “walk worthy of the calling” we have received (Ephesians 4:1)?
 - How does this “worthy walk” look in your everyday life? Are there specific habits or attitudes that help or hinder you from walking in this way? **Further Reading: Ephesians 4:1–6 & Colossians 3:1–4**
2. How does the concept of “unity of the Spirit through the bond of peace” challenge the way we view differences within the body of Christ? (Ephesians 4:3)
 - What “earthly categories” (politics, parenting style, worship style, etc.) are most likely to disrupt unity in the church today? How can we resist letting these override our spiritual unity? **Further Reading: John 17:20–23 & Galatians 3:26–28**

3. Pastor Jason said that “your calling bridges two worlds.” How do you personally experience the tension between setting your mind on heavenly things while still living in a broken world?
 - Share a recent example where this tension was evident for you. **Further Reading: Colossians 3:2 & Romans 12:1–2**
4. Which of the character traits in Ephesians 4:2—humility, gentleness, patience, bearing with one another in love—do you find most difficult to live out? Why?
 - What would it look like to grow in that specific area this week? **Further Reading: Philippians 2:1–8 & 1 Peter 3:8–9**
5. How do you know if you're maturing spiritually?
 - Pastor Jason said, “The goal is maturity, the path is unity, and the standard is Jesus.” How can we assess if we’re progressing toward that goal? What are some signs of spiritual immaturity you’ve noticed in yourself or the church? **Further Reading: Hebrews 5:12–14 & Ephesians 4:13–15**
6. What practical steps can you take to “put off your old self” and “put on the new self” daily? (Ephesians 4:22–24)
 - Are there habits, relationships, or thought patterns that need to be surrendered to better follow Christ? **Further Reading: Romans 6:4–13 & Titus 2:11–14**

Use these blended questions for deeper personal reflection, prayer, or small group discussion.