



## Things to Talk About and Reflect Upon

### *“Culture Clash”*

#### **Points from Sunday’s Message**

1. The kingdom and way of Christ will always clash with the kingdoms and cultures of man.
2. Man tends to make into a burden what God intended as a blessing.
3. Only in the Bible does God bless man with rest from the burdens of his labor.
4. God’s law is a blessing to make life better, not a burden making it more bitter.
5. The Sabbath of the fourth commandment is the penultimate rest to the ultimate rest found in Christ by the Gospel.

#### **Key Verse:**

*And He said to them, “The Son of Man is also Lord of the Sabbath.”*

*— Luke 6:5*

#### **Discussion Questions:**

1. Jesus shows that “the kingdom and way of Christ will always clash with the kingdoms and cultures of man”.
  - Where do you see this clash most clearly in our culture today (e.g., hustle culture, legalism, consumerism)?
  - How should Christians respond when Jesus’ way stands in direct conflict with cultural values? **Further Reading: Romans 12:1–2**
2. Pastor Miles pointed out that “man tends to make into a burden what God intended to be a blessing”.
  - In what ways have you seen Sabbath, church life, or other spiritual practices turned into burdens rather than blessings?
  - How can we recover the heart of God’s design for rest? **Further Reading: Exodus 20:8–11; Deuteronomy 5:12–15**

3. Jesus said, “*The Son of Man is Lord of the Sabbath*” (Luke 6:5). Pastor Miles emphasized that Sabbath ultimately points to *rest in Christ*.
  - What does it mean for you personally to find “rest in Christ”?
  - How might this spiritual rest reshape your approach to work, family, and personal rhythms? **Further Reading: Matthew 11:28–30; Hebrews 4:1–11**
4. In the sermon, we were reminded that we are commanded both to *work* and to *rest*.
  - What practical steps can you take to intentionally set apart a rhythm of rest each week?
  - How could you protect your family time or spiritual rest from the pressures of hustle culture?
5. Pastor Miles warned of becoming “*accidental Pharisees*”—so focused on the letter of the law that we miss the spirit of it.
  - Where do you see the danger of this in your own walk with Christ?
  - How can we hold fast to truth while still keeping Jesus at the center? **Further Reading: Micah 6:6–8; Matthew 23:23–28**
6. Miles closed by noting that we live in “*a culture of weary souls*” and that people should see in us that Christ’s “*yoke is easy and burden is light*”
  - What might it look like for your life to be a witness of rest and peace in Christ to those around you?
  - How can your small group or church community embody this kind of restful discipleship together? **Further Reading: Philippians 4:4–9**

*Use these blended questions for deeper personal reflection, prayer, or small group discussion.*