



Things to Talk About and Reflect Upon

“All Sufficiency”

Points from Sunday’s Message

1. Relationship with and rest in Christ are essential for fruitful ministry and mission.
2. Our lack reveals our insufficiency because Kingdom work always requires Kingdom resources.
3. Christ uses our natural weaknesses to reveal His supernatural strength and resources.
4. The true identity of Jesus becomes clear as you experience His power in His presence.

Key Verse:

“But He said to them, ‘You give them something to eat.’”

— Luke 9:13

Discussion Questions:

1. Rest Before Work — Or Work Before Rest?

Questions: In Luke 9:10–11, Jesus pulls the apostles away to a deserted place to rest—yet the crowds follow, and ministry continues. Why do you think Jesus intentionally prioritized pulling the disciples away before continuing the work? What does this teach us about the relationship between rest and ministry?

Further Reading: John 15:4–5 — “Abide in Me... apart from Me you can do nothing.” Mark 6:30–31 — The parallel account emphasizing rest. Psalm 46:1–3 — God as refuge in chaotic times.

Application: Where in your life are you tempted toward busyness over abiding? What would intentional “coming away” look like this week?

2. “You Give Them Something to Eat”

Questions: When the disciples see the need, their instinct is to send people away. Jesus says, “*You give them something to eat.*” (Luke 9:13) Why do you think the disciples immediately focused on what they lacked instead of who they were standing with? How do we tend to respond when God calls us to something that feels beyond our ability?

Further Reading: 2 Corinthians 3:5–6 — “Our sufficiency is from God.” Judges 6–7 — Gideon’s insufficiency and God’s strength.

3. Kingdom Work Requires Kingdom Resources

Questions: The disciples had just been given power and authority (Luke 9:1), yet they still felt incapable. What’s the difference between having authority in Christ and operating in self-sufficiency? How can self-reliance subtly creep into Christian life or ministry?

Application Angle: Where are you currently trying to “solve the problem” with your own strength instead of bringing your five loaves and two fish to Jesus?

4. Experiencing Jesus vs. Hearing About Jesus

Questions: Jesus asks, “Who do you say that I am?” (Luke 9:20) Pastor Miles emphasized that Herod had opinions about Jesus, but the disciples experienced His power and presence. How does personally experiencing Christ change the way we answer that question? What practices help you experience His presence more intentionally?

Further Reading: Matthew 16:13–17 — Peter’s confession and divine revelation. Philippians 3:8–10 — Knowing Christ personally. Psalm 34:8 — “Taste and see that the Lord is good.”

5. Anxiety in Chaotic Times

Questions: The message connected geopolitical chaos and AI anxiety with the need to refocus on Christ’s sufficiency. What specific anxieties are most pressing in your life right now? How does this passage reframe those concerns?

Further Reading: Philippians 4:6–7 — Be anxious for nothing. Psalm 46 — God in the midst of chaos. Matthew 6:25–34 — Do not worry about tomorrow.

Application: What is one practical way you can “step away and refocus” this week when anxiety starts to rise?

6. The Tension Between Rest and Engagement

Question: There's a tension in the passage: Don't become workaholics in ministry. Don't become spiritually lazy. How do we balance "ruthless elimination of hurry" with faithful engagement in the mission of Christ? What would healthy rhythms of work, rest, and prayer look like for you in this season?

Further Reading: Matthew 11:28–30 — Come to Me and find rest. Proverbs 3:5–6 — Trust in the Lord. 2 Corinthians 9:8 — God's all-sufficiency for every good work.

Use these blended questions for deeper personal reflection, prayer, or small group discussion.